

Islamic Studies

Lecture 4: System of Worship in Islam: Salaat & Fasting



SYSTEM OF WORSHIP IN ISLAM

- Definition of worship .
- Worship, an instinctive nature of man.
- Kinds of worship



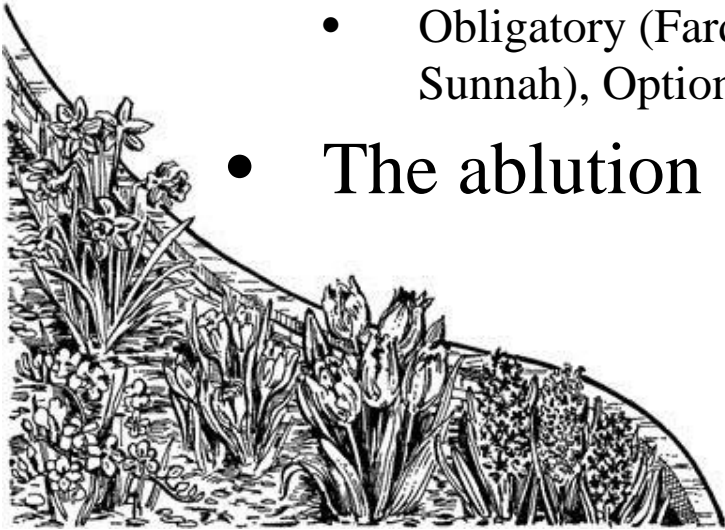
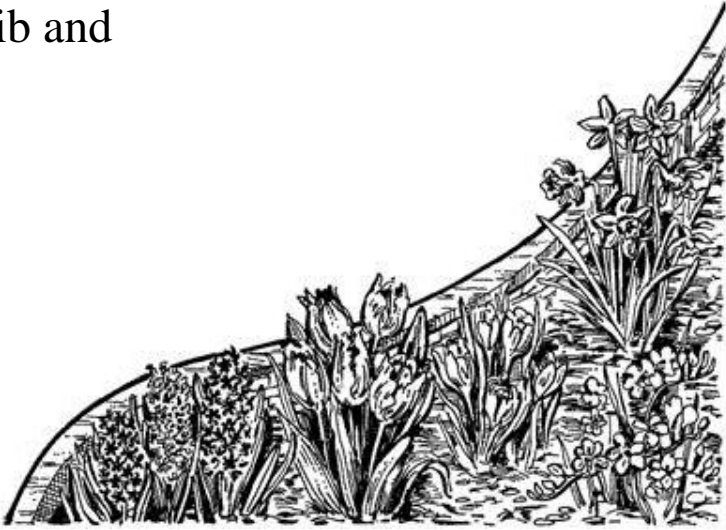


1. Salaat(Prayer)





The Prayer - As salat

- A worship of all creatures .
 - Purpose of prayer.
 - Benefits of prayer.
 - Kinds of prayers.
 - Obligatory (Fard), Supererogatory (Wajib and Sunnah), Optional prayer (Nafl)
 - The ablution .
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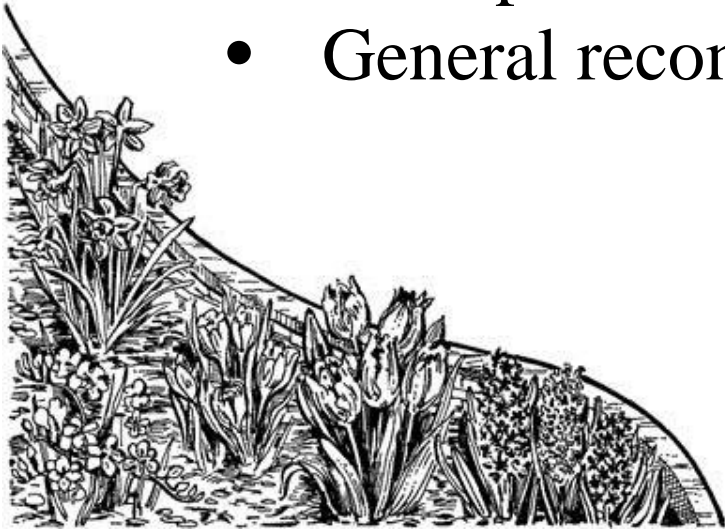


2 Fasting





The Fasting-As sawm

- **Meaning of fasting**
 - fasting means to abstain "completely" from foods, drinks, some human desires and smoking, before the break of the dawn till sunset.
 - **Fasting in Quran**
 - [al-Baqarah 2:183-185]
 - **Who must fast**
 - **Exemption from fasting**
 - **General recommendations**
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